

ALCHEMY OF SOUND TOUR I

November 8th – November 16th, 2016

Discovering the Magic of Upper Egypt

Featuring Speakers **Anders Holte**, **Cacina Meadu** and **Patricia Awyan**, along with our Tour Guide & Khemitologist, **Mohamed Ibrahim**

We are the Ancients and the initiates of the past...

Join us as we remember the Alchemy of Sound in the timeless land of Al-Khem.

Anders and Cacina will begin this mystical tour with a day of basic physics of sound including tone alignment, fundamental voice projection and sacred intervals, introducing you to the ancients' way of connecting to their stellar heritage.

As we travel through the mystical land of Egypt, we will visit some of the most famous and sacred sites on the planet. Together with the unique wisdom shared by our extraordinary guides Patricia and Mohamed, our point of focus will center around the understanding of tone and sound as it was known in ancient Egypt.

Welcome to a Magical Journey!



The Ancients knew that and they built physical structures reflecting the physics of sound. Structures with divine acoustics and stellar alignment, designed to amplify and enhance the initiate's vibration, consciousness, and stellar connection.

We will open portals of forgotten wisdom and remembrance, using the sound vibration of our voice.



November 8th - Day 1 Tuesday [Arrival Cairo, Welcome Dinner and Introductory Meeting](#)

A transfer representative will meet you at the airport to assist you with entry formalities and escort you to the luxurious 5-Star **Le Méridien Pyramids Hotel & Spa in Giza**, less than 5 minutes from the Giza Plateau.



We will all enjoy a **Welcome Dinner** together followed by a meeting for introductions and surprises!
Overnight **Le Meridien Pyramids Hotel & Spa** - Giza (D)

November 9th - Day 2 Wednesday [Flight to Abydos & Workshop: “The Basics of Voice and Sound”](#)

After an early breakfast we will make our way back to the airport to board our flight to Sohag, followed by a drive to the ancient pilgrimage site of **Abydos**. We will check into the brand new and conveniently located **House of Life Hotel** nestled in the village of Abydos. You will love the ambience of this unique hotel that features a sound healing room, and a resonance chamber built to replicate that of the temple, as well as an ankh shaped swimming pool!



Our Speakers **Anders Holte** and **Cacina Meadu** will host a **full day Workshop: “The Basics of Voice and Sound”**. A foundation will be laid, providing you with a sense of how to consciously use your voice in order to interact with the quantum energies of the various sites we will be visiting.



The Basics Of Voice And Sound
- Introduction Workshop with Anders & Cacina

Your voice carries quantum information encoded in its very sound. Learning to use your voice can be a gateway to connect with who you really are. A bridge between the now and timelessness, between the physical you and the eternal You.



Topics for this day:

- *consciousness in sound*
 - *tone alignments*
 - *quantum voice*
- *the musical dimension*
 - *sound architecture*
 - *opening "sound locks"*
- *individual & partner work*
- *sacred circles & group tonings*

You'll learn how to communicate with the acoustics of a room, and how to create a sacred space in a physical structure through sound.

Overnight **House of Life Hotel** - Abydos (B,L,D)

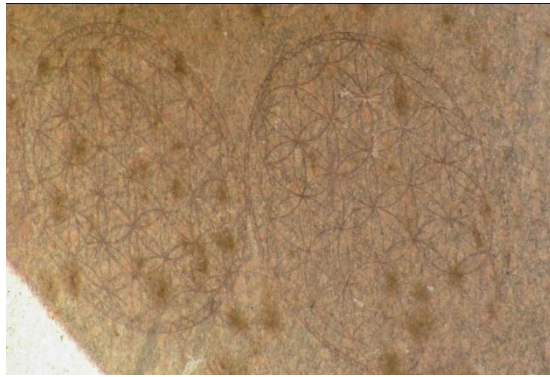
November 10th - Day 3 Thursday [Abydos](#)

After breakfast we will take a short walk to visit the **Temple of Osiris** and the very ancient **Osirion Temple**.



At the **Seti I Temple**, dedicated to Osiris, we will view the masterful craftsmanship of the beautiful depictions and learn the significance of the symbolism and glyphs that decorate its halls and chambers.

Behind this Temple lies the megalithic **Osirion**, similar to the **Valley Temple in Giza**, that the indigenous tell us is 35,000-50,000 years old or more. It is here that several images of the **Flower of Life** can be seen on the huge pillars.



Overnight **House of Life Hotel** - Abydos (B,L, D)

November 11th - Day 4 Friday [Dendera](#)

After an early breakfast, we will drive by motor coach to **Dendera** to visit the incredible **Temple of Hathor**.



Star maps depicted on the ceilings in this temple and the replica of famous **Dendera Zodiac** (the original is displayed at the Louvre in Paris) point to the ancient origins of astrology and superior knowledge of our cosmos. We will have time to explore this ancient treasure and feel the amazing energy in this temple.

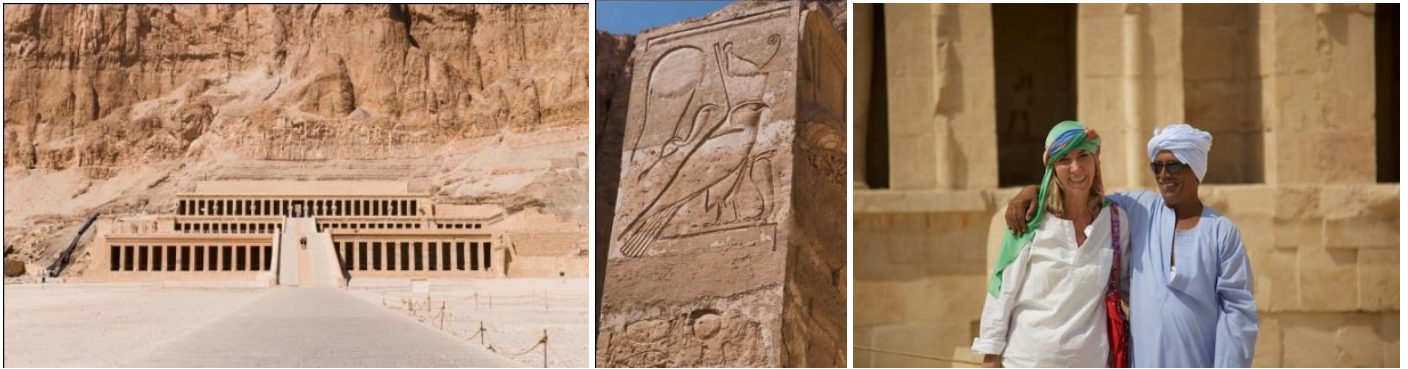
After our visit, we will continue our journey to Luxor and check into the deluxe 5-Star **Maritim Jolie Ville Kings Island Resort**, situated on its own private island, surrounded by the majestic Nile River.



Overnight **Maritim Jolie Ville Kings Island Resort** - Luxor (B,L)

November 12th - Day 5 Saturday West Bank & Luxor Temple

After breakfast we will embark on our exploration of the sites on the West Bank including **Hatshepsut's Temple** and the **Medinet Habu Temple**. First we visit the mystical **Hatshepsut Temple**, a beautiful work of architecture that is nestled in the valley basin of **Deir el-Bahari**, surrounded by steep and enigmatic cliffs.



Afterwards we're off to the **Medinet Habu Temple**, a place of mystery and legends. It was dedicated to the Ogdoad, eight deities, who, according to the myth associated with the city of Hermopolis, were responsible for the creation of humankind. *It is the mystical place where these eight primordial Neters placed the Egg that gave birth to the Sun.*



We will explore the mysteries of the enigmatic **Luxor Temple** in the early evening. Linked to **Karnak Temple** by the **Avenue of Sphinxes**, **Luxor Temple** utilizes similar patterns of sacred geometry in its design.



After 15 years of intense study, Alchemist, **R. A. Schwaller de Lubicz**, called the **Luxor Temple- "The Temple of Man"**, in a book in which explored the connectedness of ancient Egyptian philosophy, spirituality, mathematics, and science. Lubicz's theory that the **Luxor Temple** was designed to replicate all aspects of Man (body, mind and spirit), is well documented and has gained support from many alternative researchers, including John Anthony West.



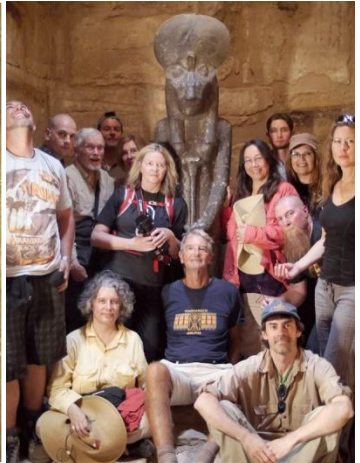
Overnight **Maritim Jolie Ville Kings Island Resort** - Luxor (B,L,)

November 13th - Day 6 Sunday [Karnak Temple](#)

After breakfast we will visit **Karnak Temple**, the world's largest temple. One can never have enough time to fully explore all the riches of **Karnak**, where we will spend the entire morning. An avenue of ram-headed sphinxes leads us into the gigantic complex, which includes temples dedicated to **Amun**, a Neter representing an aspect or stage of the Sun, and **Khonsu**, who represents the Moon.



In the open air museum we will have time to enter the chapel of Amenhotep I, which is completely made by Alabaster and has amazing resonance! We will visit the powerful **Chapel of Sekhmet**. As the lioness, she symbolizes the powerful and fierce, yet protective love, akin to that of any mother.



We will also visit the **Precinct of Mut**, which is located outside the main temple complex. 720 statues of Mut, the great mother, are said to have inhabited this area, one for each day and night of a perfect year. A crescent shaped sacred lake wraps itself around the site, which is known to be a place of healing.



Afterwards we will check into our rooms on the **5-Star Luxury M/S Blue Shadow** and set sail on our spectacular **Cruise on the Nile**.



Enjoy viewing the lush countryside and life along the river's banks, much of which appears as it did thousands of years ago!



Overnight **Nile Cruise** (B,L,D)

November 14th - Day 7 Monday Kom Ombo, [SPECIAL PRIVATE ENTRY Temple of Isis at Midnight with Full Moon!](#)

After a day of sailing we will stop at **Kom Ombo**, where we'll visit the twin temples dedicated to the crocodile Neter **Sobek** and **Horus**. **Kom Ombo** was a place where initiates would learn to digest their fear and anger, that which holds us hostage in the physical, associated with **Sobek**. **Horus**, known in ancient times as 'Heru', our hero, represents the action of transmuting this fear through the resonance of our polarity within. A rebirthing 'canal' exists between the two holy of holies, enabling the initiate to experience the feeling of being born again from the womb of the earth.



After our visit at the temple we will continue our cruise until we arrive in Aswan after sunset.

Later this evening, after dinner, we will leave for our very special **Private Midnight visit to the magical temple of Isis on the night of a Full Moon enabling us to experience the powerful energies without distractions!**



Overnight Nile Cruise (B,L,D)

November 15th - Day 8 Tuesday [Temple of Isis at Philae, Elephantine & Nubian Village](#)

After our buffet breakfast onboard our cruise ship, we will return to the enchanting **Island of Philae** and the powerful energies at the **Temple of Isis**.



Next we will check into our rooms at the fabulous 5 star **Helnan Hotel** in Aswan, which is located right by the Nile.



Afterwards, we will visit Elephantine Island and the temple dedicated to Khnum, who was the “master of the mysteries of water”. The artwork still present is simply stunning. We will discuss the theory that the **Ark of the Covenant** was once hidden on this island on its journey south to Ethiopia, where many believe it lies now.



Around lunchtime we'll enjoy a scenic boat ride to a **Nubian Village** located on the banks of the Nile.



Here we will visit Fatima and her charming family, and enjoy a **delicious home cooked Nubian meal**. Afterwards we will have the opportunity to swim in the Nile. This evening we'll enjoy our Farewell dinner together.

Overnight **Helnan Hotel** – Aswan (B,L,D)

November 16th - Day 9 Wednesday [Departure Aswan](#)

Following breakfast you will be driven to Aswan Airport for your final departure. (B)

NOTE: This itinerary is subject to change due to circumstances beyond our control though the content will remain the same



Speakers:



Anders Holte

Musician, Composer, Speaker, Teacher and Sound Channel

Anders was born and raised in Copenhagen, Denmark. He is a classically trained musician, singer and choir conductor. For many years he enjoyed a successful career as a classical singer, including tours around the world with distinguished opera choirs and accapella ensembles.

Today he publishes and performs his own music as a recording artist, composer and sound channel. He is known for creating a sacred space at live events, aligning the many voices of an audience into a sense of oneness.

He gives workshops and seminars teaching how we can use our own voice for spiritual connection, both personally and together with others. From 2017 he will also be touring in Asia where he'll be presenting his music and offering workshops.

Since 2011 Anders frequently travels with Lee Carroll, the world renowned author and the original channel for Kryon, enchanting the audiences at conferences both in Europe and USA.

Anders' interdimensional music as well as his uplifting songs and lyrics have reached people all over the world. His first CD "**Lemurian Home Coming**" is sold in more than 60 countries worldwide.

Since then Anders has released four more albums, among others "**Dream Of The Blue Whale**". His newest album "**My World**" is the second co-production with his partner Cacina Meadu and was released in 2015.

Website: www.anders-holte.com



Cacina Meadu

Musician, Speaker, Teacher, Life Counsellor and Artist

Cacina started playing the piano when she was five. From early on she showed an obvious talent for music. Being synesthetic as a child she would "see" the music she was playing. And so, for Cacina music and sound always carried much more than just audible information. From early on she had vivid remembrances of the temples and pyramids of Egypt, including an innate knowingness of working with tone and sound.

As a young adult Cacina studied music, interior decoration, and countless healing modalities. She spent the majority of her professional life working in the field of consciousness, helping people to find a sense of purpose by introducing them to a "bigger picture" of life.

Cacina is also an accomplished colour and silk artist. She is particularly known for her beautiful, radiant colours, and her ancient, symbolic writings on silk and canvas.

Today, besides her artworks Cacina mainly offers seminars, journeys, and concerts together with Anders Holte, her partner in life and music. Together they teach and share the true potential of music, and show how to use music to create a quantum field of sound and consciousness.

From the Khemit School:

Patricia Awyan

KSAM Co- Director, Speaker, Researcher, Explorer, Symbologist, Spiritual & Intuitive Life Counsellor and Artist



From a very young age, Patricia knew that she would one day be “going home” to Egypt. Having been born with a “need to know”, she has spent much of her life on a personal quest for knowledge, wisdom and spiritual fulfilment. Patricia’s strong and vital connection to Nature and interest in the mystical and physical sciences propelled her into a lifelong study of the ancient mysteries.

She is a gifted Intuitive, clairaudient and clairvoyant. As a long time student in metaphysical, spiritual and esoteric subjects and traditions, Patricia’s eclectic spiritual background serves as a strong foundation to support to her work. She became of student of Khemitology after meeting world renowned, Khemitologist, Abd’el Hakim Awyan, on her first trip to Egypt in 2005.

Patricia devotes much of her time to the study and exploration of ancient mysteries, symbolism and mythologies worldwide. She has travelled to sites in Australia, Great Britain, France, Spain, Lebanon, Peru, Bolivia, India and all over America and Egypt ,researching the clues that support the concept of a very advanced civilization, technologically and spiritually, that once spanned the globe possibly tens of thousands of years ago and left of legacy of knowledge and wisdom for us to decipher.

Patricia presents lectures that illustrate how ***the ancients left us a blueprint that maps out the truth of the beauty, perfection and infinite possibilities that exist within and outside every one of us***— if we are willing to view our world from a higher perspective, as symbolized by the eye of Horus.



Mohamed Ibrahim

Khemitologist, Egyptologist, Hieroglyphics Expert, Tour Guide and Director

Mohamed Ibrahim, inspired by an equally passionate desire to share his wisdom, offers a wide spectrum of knowledge regarding the history, arts, literature, and culture of the ancient Egyptians.

Mohamed Ibrahim was born in Memphis, Egypt and studied (Ancient Egyptian, Coptic, Islamic) Art and history at Helwan University in Cairo. He has been working as a tour guide and a teacher of Hieroglyphics since 2000.

Mohamed’s comprehensive knowledge of Ancient Egypt, along with his background in comparative religions and spiritual studies has enabled him to fill lecture halls and conduct a variety of successful tours over the years.

Price per Person, double occupancy: \$3,300.00 USD (Land Only)

Optional Single Room Supplement: \$330.00 USD

NOTE: This is the additional amount you will pay if you choose to have your own private room throughout the journey. ROOMMATES: If you're not travelling with anyone you know, we would be happy to assist pairing you up with a fellow traveller.

Per our Terms and Conditions, we will hold the registration open until 30 days before the tour begins (or later if possible) in order to try to match you with someone. If by that date we have not been able to do so, you will be responsible to pay for the single supplement. Please try to register early if you would like to be matched with a roommate.

Your Land Package Includes:

1. Airport transfers to and from your Hotel in Giza
2. Domestic flights in Egypt: Cairo/Sohag and Aswan/Cairo
3. 5 -Star hotels in Giza and Luxor including daily buffet breakfast, hotel taxes and service charges
4. Five-Star Cruise ship, including shore excursions, with all three meals included daily.
5. Meals included when not on the cruise: 5 lunches, 4 dinners
6. Baggage handling at airport and hotels
7. Pre-paid gratuities for your cruise staff
8. Visits to the temple and pyramid sites including transportation and entrance fees
9. Anders Holte and Cacina Meadu as your Speakers
10. Patricia Awyan as your Host and Speaker
11. Mohamed Ibrahim as your English Speaking Egyptologist and Tour Guide
12. Water and Snacks during road trips

NOT INCLUDED:

- **Roundtrip international airfares** (*We will be happy to help you book your airfare*)
- **Egypt Tourist Visa** (*Easily obtainable for most travellers on arrival at Cairo International Airport*)
- **Travel & Health Insurance**
- **Meals not included** (*As indicated in the itinerary*)
- **Personal items** (*Such as laundry, beverages during meals, internet service on the cruise ship and telephone calls or any item not listed on the itinerary*)

Travel Documents

All travellers need a passport valid for at least six months after the date of entering the country. Holders of American Passports will be provided with the requisite visas to visit Egypt upon arrival. Visas will be obtained at the airport upon arrival for approximately \$25.00 USD per person, which must be paid in cash.

Baggage

Between North America and Egyptian destinations, each passenger is allowed up to two pieces of checked baggage. Please check with your domestic airline for specifics on the size and weight of your allowed baggage.

Reservation and Payment

A non-refundable Deposit of \$500.00 per Person will be required at the time of booking. To insure your Reservation, final payment will be due 60 days prior to Tour start. Bookings made within 60 and 31 days preceding Tour start will require final payment 30 days prior to the start of the Tour. Bookings made within 30 days of Tour start, will require full and final payment immediately upon booking. It is the responsibility of the traveller (or agent) to determine that final payment reaches us on time. No booking will be considered until final deposit is received by the Tour Operator. Payments are to be made via Bank Transfer. Any fees charged, will be the responsibility of the sender. Please inquire about this before you make your bank transaction.

Cancellation and Refunds

Due to high preparation costs, **Cancellations must be received in writing within 60 days of travel date.** Cancellations received more than 30 days prior to departure will have a penalty of \$500 per Person; those received between 30 and 25 days will have a penalty of 50% of the full cost per Person; those received between 25 and 20 days will have a penalty of 75% per Person. Cancellations received 20 days or less before departure will receive no refund. No refund will be made for transfers, city tours or any other services (including meals, accommodations or transportation) voluntarily not taken.

Changes

This Itinerary is subject to changes in order to adapt to possible alterations in domestic flight times or other unforeseen circumstances. **The content will remain the same, barring any unanticipated complications, and will include many delightful "extras" and surprises.**

Insurance

We recommend that all participants obtain Travel Insurance. Travel Insured International offers insurance for trip cost, trip cancellation & interruption, and pays for loss due to unforeseen circumstance, death, injury, or illness to you or a member of your family. It also includes coverage for missed connections due to weather, pays for lost deposits due to the financial default of the airline, the tour operator, or cruise line. It pays for baggage delays, travel delays, medical expenses and emergency assistance.

Waiver of Responsibility

By signing up to the Tour you agree to our Terms, Deposit Conditions and Waiver.

The Khemit School of Ancient Mysticism, its agents and our Tour Facilitators have worked diligently to make all of the arrangements for our journey together in Egypt. However, the Khemit School of Ancient Mysticism, its agents and our Tour Facilitators will not be held liable for delays, theft, damage, injury or any other irregularities that may occur during the course of the journey. We will not be held liable for any changes or delays in airline schedules or missed connections; injury, loss, or damage to persons or property; additional expenses resulting from changes in exchange rates, tariffs or itinerary; any transportation issues or problems with vehicles utilized on the tour; additional expenses incurred due to illness, weather conditions, protests, war, terrorism, quarantine or other causes; and losses due to cancellations not subject to our Terms and Conditions.